

Parent Support		
Parenting Classes	First 5- Triple P	465-2217
Parenting Classes	Live oak Family Resource Center	476-7284
Parenting Classes	La Manzana Community Resource Center	724-2997
Parenting Classes	Parent's Center	426-7322
Parenting Classes	Mountain Community Resource Center	335-6600
Fathers	Papás	724-3885
Fathers	Divorced Father's Network	408-516-7470
Foster Families	Kindship Program	479-6114
Foster Families	Home Within	888-898-2249
Community Services		
Youth	Youth Services	688-8856
Disability Assistance	Central Coast Center for Independent Living	462-8720
Family Support	Special Connections	464-0669
Parents of Children with Special Needs	Special Parents Information Network (SPIN)	831-722-2800 831-423-7713
Homeless Resource	Pathways to Wellness	
Mental Health Programs	Mariposa Wellness Center	831-768-8132
Conflict Resolution	Conflict Resolution Center	831-475-6117
Community Centers	Community Action Board	763-2147
Community Centers	Mountain Community Resource Center	335-6600
Community Centers	Davenport Resource Service Center	425-8115
Community Centers	Familia Center	423-5747
Community Centers	La Manzana Community Resource Center	724-2997
Community Centers	Diversity Center	(831) 425-5422
Women's Center (incl. DV support)	Walnut Ave. Women's Center	462-3062
Victim-Witness Counseling	Victim Compensation Board	454-2010 763-8120
Mental Health Advocacy	Mental Health Client Action Network (MHCAN)	469-0462
Mental Health Advocacy	National Alliance for the Mentally Ill (NAMI)	427-8020
Social Services Referrals	SC County 211	211
Veteran Services	SC County Vet's Center	464-4575
Veteran Services	Santa Cruz	454-4761
Veteran Services	Watsonville	454-4761
Hospice	Hospice of SC county	430-3000 427-9970
Low Cost Counseling Services		

Family Service Agency	104 Walnut Avenue, Suite 208; 2901 Park Avenue, Soquel	831-423-9444
Non Urgent Telephone Counseling	California Peer-Run Warm Line	1-855-845-7415
PVPSA	Watsonville	728-6445
First Step & PEAK		423-9504
Survivors Healing Center	FSA Santa Cruz	831-423-7601
Youth Services	Encompass	831-688-8856
Youth Services	Encompass	831-429-8350
Hospice of SC County	Grief Counseling	831-430-3000
Emergency Services		
Emergency Help	MERT (Medical Emergency Response Team)	1-800-952-2335
Hospitalization	Dominican Behavioral Health Unit	462-7700
Crisis Stabilization	Santa Cruz Crisis Stabilization	831-600-2800
Crisis Line Bilingual	Línea de Crisis	888-900-4232
County Mental Health	1080 Emeline Bldg K Santa Cruz	831-4544900 (youth)
County Mental Health	1430 Freedom Blvd. Watsonville	831-763-8200
Telecare	2250 Soquel Ave., Suite 150	831-600-2801
Suicide Prevention	Suicide Prevention of the Central Coast	831-458-5300
Suicide Prevention	Suicide Prevention	877-663-5433
Domestic Violence	Women's Crisis Support Defensa de Mujeres	888-900-4232
DV and Rape Crisis Services	Monarch Services	888-900-4232
Trans Lifeline	Trans Lifeline	877-565-8860
LGBT Adult Hotline	LGBT National Help Center Hotline	888-843-4564
LGBT Youth	LGBT Youth Talk Line	800-246-7743
Youth	California Youth Crisis Line	800-843-5200
Youth	Runaway & Homeless Youth Helpline	831-241-0914
Youth Psychiatric Emergency	Mobile Emergency Response Team	1-800-952-2335